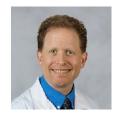


# Technologies in Diabetes Care—2020 Update



Author:
Samantha Spencer, PharmD, BCPS
Clinical Assistant Professor
Assistant Director, Drug Information Group
College of Pharmacy
University of Illinois at Chicago

#### and



Ben Gerber, MD, MPH
Professor of Medicine
Division of Academic Internal Medicine and Geriatrics, Department of Medicine
University of Illinois at Chicago College of Medicine

**Disclosure(s):** Drs. Spencer and Gerber, the planning committee members, and reviewers who contributed to this activity have no relevant conflicts of interest to disclose.

**Purpose:** To increase provider's confidence and ability to recommend and utilize technologies in the management of diabetes to provide patients with more individualized care.

## **Learning Objectives:**

Upon completion of this activity, participants should be able to:

- Describe current recommendations for use of diabetes technology
- Review technologies available for glucose monitoring, insulin delivery, hybrid systems, and apps
- Identify key characteristics of devices and apps to help guide recommendations for patients
- Develop an individualized treatment plan for a patient based on their glucose monitoring and insulin delivery needs

Target Audience: Physicians, Physician Assistants, and Nurse Practitioners

Type of Activity: Knowledge-based Fee: Free

Release and Most Recent Review Date: November 17, 2020 Expiration Date: November 4, 2021

Estimated time to complete activity: 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

Location: Please visit <a href="https://illinoisadvance.com/cme-programs/">https://illinoisadvance.com/cme-programs/</a> to participate in this activity.

### **Continuing Medical Education Statement:**



The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

ACCME The University of Illinois College of Medicine at Chicago designates this Enduring Material CME activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **How to Earn Credit:**

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures; participating in the entire knowledge-based activity consisting of a recorded presentation, completion of the post-test (minimum score of 70% required; may be taken up to 3 times), activity evaluation, and estimating duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

**Provider Contact Information:** For general information please call the Office of Continuing Education and Meeting Services toll-free at (866) PHARM-CE (866-742-7623) or send an e-mail to: <a href="mailto:pharmce@uic.edu">pharmce@uic.edu</a>. Copyright © 2020 – The Board of Trustees of the University of Illinois. All rights reserved. Reproduction in whole or in part without permission is prohibited. <a href="Privacy Policy">Privacy Policy</a>.