



## ***Perinatal Depression for Primary Care Providers***

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**Disclosure(s):** Dr. Mulvihill, Ms. Mason, the planning committee members, and reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

**Purpose:** To educate clinicians regarding appropriate treatment of perinatal depression.

### **Learning Objectives:**

**Upon completion of this activity, participants should be able to:**

- Describe the clinical presentation of perinatal depression.
- Identify methods of improving patient centered communication skills when discussing perinatal depression.
- Explain the risks and benefits of evidence based pharmacologic and non-pharmacologic treatments for perinatal depression.

**Target Audience:** Physicians, Physician Assistant, Nurse Practitioners

**Type of Activity:** Knowledge-based

**Fee:** Free

**Release and Most Recent Review Date:** May 7, 2021

**Expiration Date:** May 7, 2022

**Estimated time to complete activity:** 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

**Location:** Please visit <https://medicinece.uic.edu/> to participate in this activity.

### **Continuing Medical Education Statement:**



ACCME  
ACCREDITED

The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Illinois College of Medicine at Chicago designates this Enduring Material CME activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **How to Earn Credit:**

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures; participating in the entire knowledge-based activity consisting of presentation, completion of the post-test (minimum score of 70% required; may be taken up to 3 times), activity evaluation, and estimating duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

**Hardware/Software and Internet Requirements** can be found at <https://medicinece.uic.edu/>

**Provider Contact Information:** For general information please call the Office of Continuing Education and Meeting Services toll-free at (866) PHARM-CE (866-742-7623) or send an e-mail to: [pharmce@uic.edu](mailto:pharmce@uic.edu). Copyright © 2021 – The Board of Trustees of the University of Illinois. All rights reserved. Reproduction in whole or in part without permission is prohibited. [Privacy Policy](#).