



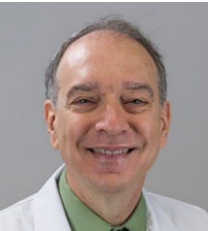
The Clinical Conundrum of Utilizing Electronic Cigarettes (E-Cigarettes) for Smoking Cessation



Authors/Reviewer:
Rachel Brunner, PharmD—Author
PGY2 Drug Information Resident
UIC College of Pharmacy



Heather Ipema, PharmD, BCPS—Author
Clinical Assistant Professor
Drug Information Group
University of Illinois at Chicago College of Pharmacy



Robert Rosman, MD—Reviewer
Associate Professor of Clinical Medicine
Internal Medicine
Department of Medicine
University of Illinois College of Medicine

Disclosure(s): Drs. Brunner, Ipema, and Rosman, and the reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

Purpose: To provide health care professionals with increased knowledge and competency regarding e-cigarettes for smoking cessation in adult patients, thus equipping them to provide education and tools to patients actively trying to stop smoking.

Learning Objectives:

Upon completion of this activity, participants should be able to:

- Explain the federal regulation and characteristics of currently available electronic cigarettes (e-cigarettes).
- Describe the findings of clinical studies that have evaluated the use of e-cigarettes for smoking cessation.
- Develop an individualized plan for the use of e-cigarettes in smoking cessation efforts.
- Educate patients on the safety and efficacy of e-cigarette use in smoking cessation.

Target Audience: Physicians, Physician Assistants, and Nurse Practitioners

Type of Activity: Knowledge

Fee: Free

Release and Most Recent Review Date: July 2, 2021

Expiration Date: June 9, 2022

Estimated time to complete activity: 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

Location: Please visit <https://illinoisadvance.com/cme-programs/> to participate in this activity.

Continuing Medical Education Statement:



ACCME
ACCREDITED

The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Illinois College of Medicine at Chicago designates this Enduring Material CME activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

How to Earn Credit:

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures; participating in the entire knowledge-based activity consisting of a

reading of the monograph, completion of the post-test (minimum score of 70% required; may be taken up to 3 times), activity evaluation, and estimating duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

Hardware/Software and Internet Requirements can be found at <https://medicinece.uic.edu/>

Provider Contact Information: For general information please call the Office of Continuing Education and Meeting Services toll-free at (866) PHARM-CE (866-742-7623) or send an e-mail to: pharmce@uic.edu. Copyright © 2021 – The Board of Trustees of the University of Illinois. All rights reserved. Reproduction in whole or in part without permission is prohibited. [Privacy Policy](#).