

Stepwise Management of Asthma: Review of Recommendations and Recent Updates



Authors/Reviewer:

Patricia Hartke, PharmD, BCPS—Author
Clinical Assistant Professor/Clinical Pharmacist
Department of Pharmacy Practice
University of Illinois at Chicago College of Pharmacy

and



Bernice Man, MD, MS—Reviewer
Assistant Professor of Clinical Medicine
University of Illinois at Chicago College of Medicine

Disclosure(s): Dr. Hartke, Dr. Man, and the reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

Purpose: To increase the healthcare provider's confidence and knowledge of diagnostic, assessment, and management of patients with asthma.

Learning Objectives:

Upon completion of this activity, participants should be able to:

- Recognize the components of asthma diagnosis, including presenting symptoms and expiratory airflow limitation.
- Assess asthma control and severity in a given patient.
- Review evidence supporting recent changes to the guideline-recommended stepwise approach to asthma.
- Recommend individualized patient-care plans, including recommended pharmacologic and non-pharmacologic therapy.

Target Audience: Physicians, Physician Assistants, and Nurse Practitioners

Type of Activity: Knowledge

Fee: Free

Release and Most Recent Review Date: February 8, 2022

Expiration Date: February 1, 2023

Estimated time to complete activity: 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

Location: Please visit <https://illinoisadvance.com/cme-programs/> to participate in this activity.

Continuing Medical Education Statement:



ACCME
ACCREDITED

The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Illinois College of Medicine at Chicago designates this Enduring Material CME activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

How to Earn Credit:

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures; participating in the entire knowledge-based activity consisting of a reading of the monograph, completion of the post-test (minimum score of 70% required; may be taken up to 3 times), activity evaluation, and estimating duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

Hardware/Software and Internet Requirements can be found at <https://medicinece.uic.edu/>

Provider Contact Information: For general information please call the Office of Continuing Education and Meeting

Services toll-free at (866) PHARM-CE (866-742-7623) or send an e-mail to: pharmce@uic.edu. Copyright © 2022 – The Board of Trustees of the University of Illinois. All rights reserved. Reproduction in whole or in part without permission is prohibited. [Privacy Policy](#).