



Management of Constipation in Patients Prescribed Opioids for Chronic Pain



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Disclosure(s): Drs. Elste and Rosman, the planning committee members, and reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

Purpose: To increase the healthcare provider's knowledge of the recommended management of constipation in patients who are also receiving chronic opioid therapy for pain.

Learning Objectives:

Upon completion of this activity, participants should be able to:

- Describe the mechanism for development of constipation in patients taking opioids for chronic pain.
- Explain signs, symptoms, and other criteria used in the diagnosis of opioid-induced constipation.
- Review risk factors associated with development of opioid-induced constipation and prevention strategies in high-risk patients.
- Develop individualized treatment plans for patients with opioid-induced constipation based on patient-specific factors.

Target Audience: Physicians, Physician Assistants, and Nurse Practitioners

Type of Activity: Knowledge

Fee: Free

Release and Most Recent Review Date: November 5, 2021

Expiration Date: November 5, 2022

Estimated time to complete activity: 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

Location: Please visit <https://illinoisadvance.com/cme-programs/> to participate in this activity.

Continuing Medical Education Statement:



ACCME
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The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Illinois College of Medicine at Chicago designates this Enduring Material CME activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

How to Earn Credit:

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures; participating in the entire knowledge-based activity consisting of a reading of the monograph, completion of the post-test (minimum score of 70% required; may be taken up to 3 times), activity evaluation, and estimating duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

Hardware/Software and Internet Requirements can be found at <https://medicinece.uic.edu/>

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