



## ***Perinatal Depression for Primary Care Providers***

**Author: Ashley Mulvihill, MD**

Assistant Professor of Clinical Psychiatry  
Director of Integrated Women's Mental Health  
Child Psychiatry Track  
Illinois DocAssist Consultant



**Author: Rhapsody Mason, LCSW**

Clinical Social Worker  
Illinois DocAssist

**Disclosure(s):** Dr. Mulvihill, Ms. Mason, the planning committee members, and reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

**Purpose:** To educate clinicians regarding appropriate treatment of perinatal depression.

### **Learning Objectives:**

**Upon completion of this activity, participants should be able to:**

- Describe the clinical presentation of perinatal depression.
- Identify methods of improving patient centered communication skills when discussing perinatal depression.
- Explain the risks and benefits of evidence based pharmacologic and non-pharmacologic treatments for perinatal depression.

**Target Audience:** Physicians, Physician Assistant, Nurse Practitioners

**Type of Activity:** Knowledge-based

**Fee:** Free

**Release and Most Recent Review Date:** June 3, 2022

**Expiration Date:** May 7, 2023

**Estimated time to complete activity:** 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

**Location:** Please visit <https://medicinece.uic.edu/> to participate in this activity.

### **Continuing Medical Education Statement:**



The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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The University of Illinois College of Medicine at Chicago designates this Enduring Material CME activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **How to Earn Credit:**

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures; participating in the entire knowledge-based activity consisting of presentation, completion of the post-test (minimum score of 70% required; may be taken up to 3 times), activity evaluation, and estimating duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

**Hardware/Software and Internet Requirements** can be found at <https://medicinece.uic.edu/>

**Provider Contact Information:** For general information please call the Office of Continuing Education and Meeting Services toll-free at (866) PHARM-CE (866-742-7623) or send an e-mail to: [pharmce@uic.edu](mailto:pharmce@uic.edu). Copyright © 2022 – The Board of Trustees of the University of Illinois. All rights reserved. Reproduction in whole or in part without permission is prohibited. [Privacy Policy](#).