

## ***Home-based or medical office-based management of acute asthma exacerbations***



**Authors/Reviewer:**  
**Honey Joseph, PharmD—Author**  
*PGY2 Drug Information Pharmacy Resident*  
*UIC College of Pharmacy*

and



**Bernice Man, MD, MS—Reviewer**  
*Associate Professor of Clinical Medicine*  
*Academic Internal Medicine*  
*Department of Medicine*  
*University of Illinois College of Medicine*

**Disclosure(s):** Drs. Joseph and Man, and the reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

**Purpose:** To increase the healthcare provider's confidence and knowledge of home-based and medical office-based management of acute asthma exacerbations, including patient eligibility for, or appropriateness of, either type of management, goals of therapy, and treatment approaches.

### **Learning Objectives:**

**Upon completion of this activity, participants should be able to:**

- Review the definition, etiology (triggers and risk factors), and assessment of acute asthma exacerbations
- Determine patient eligibility for, or appropriateness of, home-based or medical office-based management of acute asthma exacerbations
- Describe the goals of therapy and treatment approaches for home-based or medical office-based management of acute asthma exacerbations in children, adolescents, and adults
- Develop individualized treatment plans for the management of asthma exacerbations at home or in the medical office based on patient- and disease-specific factors

**Target Audience:** Physicians, Physician Assistants, and Nurse Practitioners

**Type of Activity:** Knowledge

**Fee:** Free

**Release and Most Recent Review Date:** July 11, 2022

**Expiration Date:** July 1, 2023

**Estimated time to complete activity:** 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

**Location:** Please visit <https://illinoisadvance.com/cme-programs/> to participate in this activity.

### **Continuing Medical Education Statement:**



The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

ACCME ACCREDITED The University of Illinois College of Medicine at Chicago designates this Enduring Material CME activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **How to Earn Credit:**

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures; participating in the entire knowledge-based activity consisting of a recorded presentation, completion of the post-test (minimum score of 70% required; may be taken up to 3 times), activity evaluation, and estimating the duration of time spent on the activity. A certificate of completion will be issued after all

requirements as described are completed.

**Hardware/Software and Internet Requirements** can be found at <https://medicinece.uic.edu/>

**Provider Contact Information:** For general information please call the Office of Continuing Education and Meeting Services toll-free at (866) PHARM-CE (866-742-7623) or send an e-mail to: [pharmce@uic.edu](mailto:pharmce@uic.edu). Copyright © 2022 – The Board of Trustees of the University of Illinois. All rights reserved. Reproduction in whole or in part without permission is prohibited. [Privacy Policy](#).