



### **Trauma Informed Mental Health Care**

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**Disclosure(s):** Dr. Volpe, the planning committee members, and reviewers who contributed to this activity have no relevant conflicts of interest to disclose.

**Purpose:** To provide education to primary care providers on trauma informed mental health care.

**Learning Objectives:**

**Upon completion of this activity, participants should be able to:**

- Examine the impact of childhood trauma and mental illness on the life span of the patient
- Apply skills to recognize trauma related disorders and utilize tools for screening and diagnosis
- Review evidence for treating trauma-related disorders in children in order to determine best treatment plan

**Target Audience:** Physicians, physician assistants, and nurse practitioners

**Type of Activity:** Knowledge-based

**Fee:** Free

**Release and Most Recent Review Date:** November 15, 2022

**Expiration Date:** October 21, 2023

**Estimated time to complete activity:** 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

**Location:** Please visit <https://medicinece.uic.edu/> to participate in this activity.

**Continuing Medical Education Statement:**



ACCME  
ACCREDITED

The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Illinois College of Medicine at Chicago designates this Enduring Material CME activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**How to Earn Credit:**

Participants must complete the activity as described above in the Continuing Medical Education Statement. To answer the questions, click on your selected choice for each answer then proceed to the next question. We recommend that you print a copy of your answers before you submit them to us. Once completed, click on 'Finish Attempt', then click on 'Submit All and Finish' at the bottom of the page. Your post-test will automatically be graded. If you successfully complete the post-test (score of 70% or higher), a confirmation message will appear at the top of the page underneath your grade. You will have a chance to review the correct answers and answer rationale. If you receive a score lower than 70%, you will receive a message at the top of the page underneath your grade notifying you that you did not pass the post-test. You will have 2 additional opportunities to pass the post-test and receive credit.

**Hardware/Software and Internet Requirements** can be found at <https://medicinece.uic.edu/>

**Provider Contact Information:** For general information please call the Office of Continuing Education and Meeting Services toll-free at (866) PHARM-CE (866-742-7623) or send an e-mail to: [pharmce@uic.edu](mailto:pharmce@uic.edu). Copyright © 2022 – The Board of Trustees of the University of Illinois. All rights reserved. Reproduction in whole or in part without permission is prohibited. [Privacy Policy](#).