

# The Goldilocks Principle: Optimal Antithrombotic Strategies in the Cardiac ICU

#### Date:

September 25, 2025

## **Purpose:**

To educate nurses on contemporary antithrombotic strategies that optimize outcomes in critically ill cardiac patients.

# **Target Audience:**

Nurses

### What you will learn:

- Review the pharmacology of bivalirudin and alternative parenteral anticoagulants used to treat acute coronary syndrome (ACS)
- Review the safety and efficacy of bivalirudin and other parenteral anticoagulants for the treatment of ACS
- Discuss updates in the management of purge solution for patients receiving Impella® support
- Discuss pharmacologic strategies for maintenance anticoagulation during extracorporeal membrane oxygenation (ECMO)

# 1.0 CNE contact hour(s) will be awarded to participants who attend the entire activity, complete the post-test, and submit an activity evaluation.

Please visit <a href="https://C4conference.edu">https://C4conference.edu</a> for more information and to register.

UlHealth is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

