

The Importance of Medication Adherence with Strategies for Improvement



Authors/Reviewer:

Heather Ipema, PharmD, BCPS—Author

Clinical Assistant Professor

Drug Information Group

University of Illinois Chicago Retzky College of Pharmacy

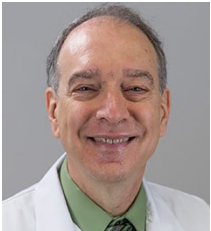


Jacqueline Wasynczuk, PharmD—Author

Clinical Assistant Professor

Drug Information Group

University of Illinois Chicago Retzky College of Pharmacy



Robert Rosman, MD—Reviewer

Associate Professor of Clinical Medicine

University of Illinois Chicago College of Medicine

Disclosure(s): Dr. Ipema, Dr. Wasynczuk, Dr. Rosman, the planning committee members, and reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

Purpose: To increase the healthcare provider's knowledge of medication adherence, including its impact on healthcare outcomes, common barriers to adherence, and strategies to help improve medication adherence.

Learning Objectives:

Upon completion of this activity, participants should be able to:

- Explain the impact of medication non-adherence on health care outcomes and costs.
- Describe common factors that can affect medication adherence.
- Identify individualized strategies to improve medication adherence as part of chronic disease management.
- Review patient-focused communication and collaborative approaches to maximize medication adherence.

Target Audience: Physicians, Physician Assistants, and Nurse Practitioners

Type of Activity: Knowledge

Fee: Free

Release and Most Recent Review Date: February 7, 2025

Expiration Date: February 7, 2026

Estimated time to complete activity: 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

Location: Please visit <https://illinoisadvance.uic.edu/web-based-cme/> to participate in this activity.

Continuing Medical Education Statement:



The University of Illinois College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

ACCME
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The University of Illinois College of Medicine designates this Enduring Material CME for a maximum of *1.0 AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

How to Earn Credit:

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures, participating in the entire knowledge-based activity consisting of a presentation, completing the post-test, activity evaluation, and estimating the duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

Hardware/Software and Internet Requirements can be found at <https://cemedicine.uic.edu/online-activities/requirements/>

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