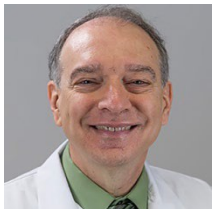


The Current Scene of Nicotine: A Summary of Smoking Cessation, Vaping, and Nicotine Dependence



Authors/Reviewer:
Jacqueline Wasynczuk, PharmD—Author
Clinical Assistant Professor
Drug Information Group
University of Illinois Chicago Retzky College of Pharmacy



Robert Rosman, MD—Reviewer
Associate Professor of Clinical Medicine
University of Illinois Chicago College of Medicine

Disclosure(s): Dr. Wasynczuk, Dr. Rosman, the planning committee members, and reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

Purpose: To increase the healthcare provider's knowledge on nicotine dependence and smoking cessation, including the use of e-cigarettes and tobacco use in youth, as well as strategies to help patients quit the use of tobacco.

Learning Objectives:

Upon completion of this activity, participants should be able to:

- Summarize current epidemiological data related to tobacco use, including the prevalence in youth.
- List common health conditions associated with the use of tobacco products, including e-cigarettes.
- Identify communication techniques for the screening of patients, including pediatrics, for smoking or vaping.
- Develop treatment recommendations for treatment of smoking cessation and nicotine dependence.

Target Audience: Physicians, Physician Assistants, and Nurse Practitioners

Type of Activity: Knowledge

Fee: Free

Release and Most Recent Review Date: November 26, 2025

Expiration Date: November 26, 2026

Estimated time to complete activity: 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

Location: Please visit <https://illinoisadvance.uic.edu/web-based-cme/> to participate in this activity

Continuing Medical Education Statement:



The University of Illinois College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Illinois College of Medicine designates this Enduring Material CME for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

How to Earn Credit:

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures, participating in the entire knowledge-based activity consisting of a presentation, completing the post-test, activity evaluation, and estimating the duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

Hardware/Software and Internet Requirements can be found at <https://cemedicine.uic.edu/online-activities/requirements/>

Provider Contact Information: For general information please call the Office of Continuing Education and Meeting Services toll-free at (866) PHARM-CE (866-742-7623) or send an e-mail to: pharmce@uic.edu. Copyright © 2025 – The Board of Trustees of the University of Illinois. All rights reserved. Reproduction in whole or in part without permission is prohibited. [Privacy Policy](#).