

Updates in Management of Type 2 Diabetes Mellitus



Christie Denton, PharmD—Author
*Clinical Assistant Professor
Drug Information Group
Department of Pharmacy Practice
University of Illinois Chicago, Retzky College of Pharmacy*



Bernice Man, MD—Reviewer
*Assistant Professor of Clinical Medicine
University of Illinois Chicago College of Medicine*

Disclosure(s): Dr. Denton, Dr. Man, the planning committee members, and reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

Purpose: To review current monitoring, immunization, and screening recommendations in patients with T2DM, considerations when treating T2DM in the presence of comorbid conditions, and appropriate non-pharmacologic approaches to optimize outcomes in T2DM.

Learning Objectives:

Upon completion of this activity, participants should be able to:

- Outline the non-pharmacologic elements of a successful glucose-lowering regimen.
- Formulate an individualized treatment plan for an adult patient with T2DM and comorbid conditions.
- Identify glucose-lowering medications with a therapeutic benefit for comorbid conditions.
- Discuss the recommended components of a comprehensive medical evaluation in a patient with T2DM.

Target Audience: Physicians, Physician Assistants, and Nurse Practitioners

Type of Activity: Knowledge

Fee: Free

Release and Most Recent Review Date: December 4, 2025

Expiration Date: December 4, 2026

Estimated time to complete activity: 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

Location: Please visit <https://illinoisadvance.uic.edu/education/web-based-cme/> to participate in this activity.

Continuing Medical Education Statement:



The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Illinois College of Medicine at Chicago designates this Enduring Material CME activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

How to Earn Credit:

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures; participating in the entire knowledge-based activity consisting of a reading of the monograph, completion of the post-test, activity evaluation, and estimating duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

Hardware/Software and Internet Requirements can be found at <https://medicinece.uic.edu/>

Provider Contact Information: For general information please call the Office of Continuing Education and Meeting Services toll-free at (866) PHARM-CE (866-742-7623) or send an e-mail to: pharmce@uic.edu. Copyright © 2024 – The Board of Trustees of the University of Illinois. All rights reserved. Reproduction in whole or in part without permission is prohibited. [Privacy Policy](#).