

Maternal Health: Sexually Transmitted Infections (STIs) in Pregnancy



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Disclosure(s): Dr. Joseph, Dr. Angulo, the planning committee members, and reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

Purpose: To increase the healthcare provider's knowledge in the identification, management, and prevention of sexually transmitted infections (STIs) during pregnancy. By integrating current evidence-based guidelines, clinicians will be better equipped to optimize maternal and neonatal outcomes through early detection, appropriate treatment, and effective counseling strategies.

Learning Objectives:

Upon completion of this activity, participants should be able to:

- Describe the epidemiology, risk factors, clinical manifestations, and pathophysiologic effects of common sexually transmitted infections (STIs) during pregnancy.
- Identify appropriate, evidence-based screening and diagnostic strategies for STIs during pregnancy in accordance with current clinical guidelines.
- Formulate safe and effective pharmacological treatment regimens for common STIs in pregnancy.
- Develop effective counseling strategies for pregnant patients and their partners to support STI prevention, risk reduction, and improved maternal and neonatal outcomes.

Target Audience: Physicians, Physician Assistants, and Nurse Practitioners

Type of Activity: Knowledge

Fee: Free

Release and Most Recent Review Date: February 16, 2026

Expiration Date: February 16, 2027

Estimated time to complete activity: 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

Location: Please visit <https://illinoisadvance.uic.edu/web-based-cme/> to participate in this activity

Continuing Medical Education Statement:



The University of Illinois College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Illinois College of Medicine designates this Enduring Material CME for a maximum of 1.0 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

How to Earn Credit:

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures, participating in the entire knowledge-based activity consisting of a presentation, completing the post-test, activity evaluation, and estimating the duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

Hardware/Software and Internet Requirements can be found at <https://cemedicine.uic.edu/online-activities/requirements/>

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