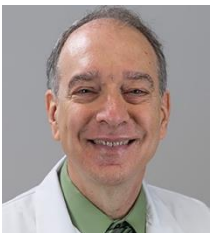


***What to Expect with Hypertensive Disorders in Pregnancy:
A Review of Current Recommendations***



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Disclosure(s): Dr. Wasynczuk, Dr. Rosman, the planning committee members, and reviewers who contributed to this activity have no relevant financial conflicts of interest to disclose.

Purpose: To provide knowledge of recommendations and pharmacotherapy of hypertensive disorders in pregnancy, including gestational hypertension and preeclampsia.

Learning Objectives:

- Review the definitions and classifications of chronic hypertension, gestational hypertension, preeclampsia, and eclampsia.
- Describe current epidemiological data, risk factors, and complications related to hypertension and pregnancy.
- List common antihypertensive agents with evidence for use during pregnancy, including agents used for urgent blood pressure control.
- Discuss goals of therapy and treatment recommendations, including pharmacotherapy, for hypertensive disorders in pregnancy.

Target Audience: Physicians, Physician Assistants, and Nurse Practitioners

Type of Activity: Knowledge

Fee: Free

Release and Most Recent Review Date: September 6, 2026

Expiration Date: September 6, 2027

Estimated time to complete activity: 1.0 hour CME (1.0 AMA PRA Category 1 Credit)

Location: Please visit <https://illinoisadvance.uic.edu/web-based-cme/> to participate in this activity.

Continuing Medical Education Statement:



The University of Illinois College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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The University of Illinois College of Medicine designates this Enduring Material CME for a maximum of *1.0 AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

How to Earn Credit:

Participants must complete the activity as described above in the Continuing Medical Education Statement by reading the learning objectives and faculty disclosures, participating in the entire knowledge-based activity consisting of a presentation, completing the post-test, activity evaluation, and estimating the duration of time spent on the activity. A certificate of completion will be issued after all requirements as described are completed.

Hardware/Software and Internet Requirements can be found at <https://cemedicine.uic.edu/online-activities/requirements/>

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